**Instructions to My Mother**

**Poem**

**How can you relate to your parents or guardians? What do you or *can you* do when you are misunderstood?**

**Before Reading**

* How do you usually respond when you disagree with or are misunderstood by your parents or guardians? What action do you take?

**During Reading**

* Read the story silently to yourself
* With a partner, take turns reading the poem aloud, experimenting with different emphasis and tones in order to affect the meaning or tone of the poem
* Fill out the chart, identifying what the mother does, and what the daughter wants her to do

|  |  |
| --- | --- |
| What the mother does | What the daughter wants her to do |
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|  |  |

**After Reading**

* Can you identify with the speaker in this poem?
* What are some techniques that the poet uses to convey the message and tone?
* What advice would you give parents for parenting teenagers?

**Extension**

Create a brochure that advises people about how to parent a teenager

Step One:

Step Two:

Step Three:

Step Four: