**Daily Reflection Checklist:**

**Character**

|  |  |  |  |
| --- | --- | --- | --- |
| Date: | | | |
| How well did I work today? | | | |
|  | Always | Sometimes | Not Really |
| I had my supplies and was at class on time. |  |  |  |
| I worked hard throughout class time. |  |  |  |
| I was calm and regulated. |  |  |  |
| I tried new things, recognized when I made mistakes, and set goals for improvements. |  |  |  |
| Next day, I need to… | | | |