

How I Learn: Learning Styles

Place a check (✓) in all the blanks that describe you. The list with the greatest number of checks is how you like to learn best.



Visual Learning Style

- _____ 1. I remember best by writing things down or drawing pictures.
- _____ 2. I ask for directions to be repeated.
- _____ 3. I like to read about something rather than hear about it.
- _____ 4. I am a good speller.
- _____ 5. I like to learn with posters, videos, and pictures.
- _____ 6. I am good at reading maps and graphs.
- _____ 7. When someone is talking, I create pictures in my mind.
- _____ 8. After school, I like to read books.
- _____ 9. I like it when my teacher uses lots of pictures when teaching.
- _____ 10. I can remember something if I picture it in my head.



_____ How many checks (✓) did you have?



Auditory Learning Style

- _____ 1. I remember best if I hear something.
- _____ 2. It is easier for me to listen to a story on tape than to read it.
- _____ 3. I understand better when I read out loud.
- _____ 4. I follow spoken directions well.
- _____ 5. I like to sing or hum to myself.
- _____ 6. I like to talk to my friends or family.
- _____ 7. Music helps me learn things better.
- _____ 8. I can easily remember what people say.
- _____ 9. It helps when the teacher explains posters or pictures to me.
- _____ 10. I can remember more about something new if I can talk about it.

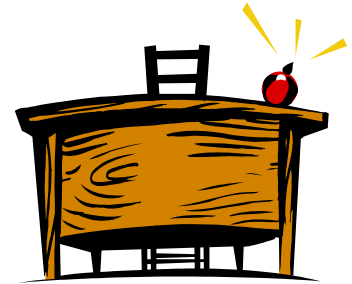
_____ How many checks (✓) did you have?

Tactile/Kinesthetic Learning Style



- _____ 1. I remember best if I can make something that tells about what I am learning.
- _____ 2. I would rather play sports than read.
- _____ 3. I like playing card or board games to learn new things.
- _____ 4. I like to write letters or write in a journal.
- _____ 5. I like it when teachers let me practice something with an activity.
- _____ 6. I like putting together puzzles.
- _____ 7. If I have to solve a problem, it helps me to move while I think.
- _____ 8. It is hard for me to sit for a long time.
- _____ 9. I enjoy dancing or moving to music.
- _____ 10. I like to act things out to show what I have learned.

_____ How many checks (✓) did you have?



Which list had the most (✓) checks? _____

Which had the next most (✓) checks? _____

Which list had the fewest (✓) checks? _____



Visual Learning Style

- Pictures help you learn.
- Seeing things helps you organize your thoughts and remember things.
- You think in images or pictures.



Auditory Learning Style

- It helps for you to talk out loud.
- Sound and music help you learn.
- You learn best when you hear things more than once.



Tactile/Kinesthetic Learning Style

- It helps you to use your body, hands and sense of touch to learn new things.
- Writing, drawing and movement help you remember important things.
- You like to show what you have learned by demonstrating or making projects.