**Learning Strengths & Study Tips Based on Multiple Intelligences**

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| **Intelligence** | **Strength** | **How to Study**  Engage Express | |
| Language | Talking, reading, writing, telling stories, spelling, editing work | \*Hear & read words  \*Talk through a problem | \*Read Aloud  \*Talk about what you are learning  \*Summarize |
| Math (logic) | Calculating, problem solving, organizing, working with numbers, reasoning | \*Break down a problem & analyze it  \*Find relationships & patterns | \*Organize information into patterns  \*Find relationships  \*Graphic Organizers  \*Create study notes (charts, tables, timelines) |
| Art (visual/spatial) | Drawing, painting, using maps and charts, puzzles, imagining | \*Maps, charts, pictures, timelines  \*Visualize or imagine what’s happening | \*Create or draw pictures, maps, diagrams  \*Graphic Organizers  \*Create study notes (webs, graphics) |
| Body (kinesthetic) | Building or creating with your hands, sports, dancing, balancing, movement | \*Hands-on  \*Learn by doing  \*Act it out  \*Move & touch objects | \*Take notes  \*Re-write notes  \*Build models  \*Role play or make a play |
| Music | Singing, playing instruments, remembering music | \*Use patterns, rhythms & melodies  \*Actively listen | \*Create songs to remember  \*Tap out rhymes while memorizing |
| People (interpersonal) | Leadership, understanding people, communicating, organizing people | \*Work in groups  \*Interview  \*Relate & compare information with others | \*Study with a partner or group  \*Explain what you’re learning to someone |
| Self (intrapersonal) | Understanding yourself, feelings, goal setting | \*Make personal connections  \*Work alone  \*Reflect | \*Create study note cards  \*Quiz yourself |
| Nature | Categorizing, making distinctions, understanding nature | \*Explore  \*Categorize  \*Learn about the natural qualities of things | \*Organize information into patterns  \*Find relationships  \*Create same/different charts |