

# Learning & Study Tips Based on Multiple Intelligences

Intelligence	Strength	How to Study	
		Engage	Express
Language	Talking, reading, writing, telling stories, spelling, editing work	<ul style="list-style-type: none"> <li>*Hear &amp; read words</li> <li>*Talk through a problem</li> </ul>	<ul style="list-style-type: none"> <li>*Read Aloud</li> <li>*Talk about what you are learning</li> <li>*Summarize</li> </ul>
Math (logic)	Calculating, problem solving, organizing, working with numbers, reasoning	<ul style="list-style-type: none"> <li>*Break down a problem &amp; analyze it</li> <li>*Find relationships &amp; patterns</li> </ul>	<ul style="list-style-type: none"> <li>*Organize information into patterns</li> <li>*Find relationships</li> <li>*Graphic Organizers</li> <li>*Create study notes (charts, tables, timelines)</li> </ul>
Art (visual/spatial)	Drawing, painting, using maps and charts, puzzles, imagining	<ul style="list-style-type: none"> <li>*Maps, charts, pictures, timelines</li> <li>*Visualize or imagine what's happening</li> </ul>	<ul style="list-style-type: none"> <li>*Create or draw pictures, maps, diagrams</li> <li>*Graphic Organizers</li> <li>*Create study notes (webs, graphics)</li> </ul>
Body (kinesthetic)	Building or creating with your hands, sports, dancing, balancing, movement	<ul style="list-style-type: none"> <li>*Hands-on</li> <li>*Learn by doing</li> <li>*Act it out</li> <li>*Move &amp; touch objects</li> </ul>	<ul style="list-style-type: none"> <li>*Take notes</li> <li>*Re-write notes</li> <li>*Build models</li> <li>*Role play or make a play</li> </ul>
Music	Singing, playing instruments, remembering music	<ul style="list-style-type: none"> <li>*Use patterns, rhythms &amp; melodies</li> <li>*Actively listen</li> </ul>	<ul style="list-style-type: none"> <li>*Create songs to remember</li> <li>*Tap out rhymes while memorizing</li> </ul>
People (interpersonal)	Leadership, understanding people, communicating, organizing people	<ul style="list-style-type: none"> <li>*Work in groups</li> <li>*Interview</li> <li>*Relate &amp; compare information with others</li> </ul>	<ul style="list-style-type: none"> <li>*Study with a partner or group</li> <li>*Explain what you're learning to someone</li> </ul>
Self (intrapersonal)	Understanding yourself, feelings, goal setting	<ul style="list-style-type: none"> <li>*Make personal connections</li> <li>*Work alone</li> <li>*Reflect</li> </ul>	<ul style="list-style-type: none"> <li>*Create study note cards</li> <li>*Quiz yourself</li> </ul>
Nature	Categorizing, making distinctions, understanding nature	<ul style="list-style-type: none"> <li>*Explore</li> <li>*Categorize</li> <li>*Learn about the natural qualities of things</li> </ul>	<ul style="list-style-type: none"> <li>*Organize information into patterns</li> <li>*Find relationships</li> <li>*Create same/different charts</li> </ul>