

# Learning & Study Tips Based on Multiple Intelligences

Intelligence	Strength	How to Study	
		Engage	Express
Language	Talking, reading, writing, telling stories, spelling, editing work	*Hear & read words *Talk through a problem	*Read Aloud *Talk about what you are learning *Summarize
Math (logic)	Calculating, problem solving, organizing, working with numbers, reasoning	*Break down a problem & analyze it *Find relationships & patterns	*Organize information into patterns *Find relationships *Graphic Organizers *Create study notes (charts, tables, timelines)
Art (visual/spatial)	Drawing, painting, using maps and charts, puzzles, imagining	*Maps, charts, pictures, timelines *Visualize or imagine what's happening	*Create or draw pictures, maps, diagrams *Graphic Organizers *Create study notes (webs, graphics)
Body (kinesthetic)	Building or creating with your hands, sports, dancing, balancing, movement	*Hands-on *Learn by doing *Act it out *Move & touch objects	*Take notes *Re-write notes *Build models *Role play or make a play
Music	Singing, playing instruments, remembering music	*Use patterns, rhythms & melodies *Actively listen	*Create songs to remember *Tap out rhymes while memorizing
People (interpersonal)	Leadership, understanding people, communicating, organizing people	*Work in groups *Interview *Relate & compare information with others	*Study with a partner or group *Explain what you're learning to someone
Self (intrapersonal)	Understanding yourself, feelings, goal setting	*Make personal connections *Work alone *Reflect	*Create study note cards *Quiz yourself
Nature	Categorizing, making distinctions, understanding nature	*Explore *Categorize *Learn about the natural qualities of things	*Organize information into patterns *Find relationships *Create same/different charts