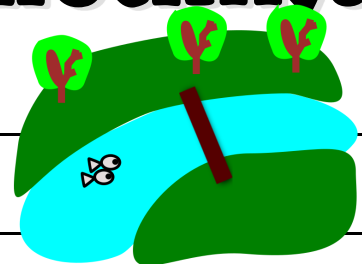





Daily Reflection Checklist



Date _____

How well did I work today?

	Always 	Sometimes 	Not Really 
I knew exactly what I wanted to do today.			
I listened to suggestions from others.			
I kept at it today, even when it was tough.			
I met or set a challenge today.			

Next day, I need to...
