

Name: _____

Juggling Rubric 7/8/9 PE

Self Reflection: Underline/Highlight the parts of the rubric that apply to you and your achievement in the assignment. Then, complete the questions on the other side of this paper.

	1	2	3	4
<u>Juggling Results</u>	<p>No sign of improvement.</p> <p>Did not practice/perform task.</p> <p>Gave up without practicing.</p>	<p>Very little sign of improvement.</p> <p>Tried task, but with very little accomplished.</p>	<p>Definite signs of improvement.</p> <p>Performed task: 10–30 seconds of juggling.</p>	<p>Definite signs of great improvement.</p> <p>Performed 30 seconds of controlled juggling.</p>
<u>Presentation</u>	<p>Nothing to show.</p> <p>Did not complete task.</p> <p>Gave up without practicing.</p>	<p>Very little detail.</p> <p>No sign of tracking practice time and improvement.</p> <p>No sign of using resources/trying new equipment.</p>	<p>Presentation completed with medium effort.</p> <p>Tracking of practice time and improvement.</p> <p>Use of resources, and trying different equipment/techniques.</p>	<p>Presentation complete with great detail and effort.</p> <p>Detailed tracking of practice time and improvement.</p> <p>Citing of resources (web–sites, experienced jugglers, etc.), and details of different equipment and techniques used.</p>

Notes about your rubric:

Assignment Reflection

- Describe whether you did, or did not complete the task.
- Why, or why not?
- Some things you could have done differently to change your juggling outcome for the better are:
- Final reflection (anything else you want Mrs. Fisher to know):