

HO-26 Helpful Tips to Increase Reading Fluency

- Preview material to develop clues about the structure.
- Let your eyes take in whole lines instead of just individual letters or words.
- Focus on key words in the sentence (don't waste time on a, the, but etc.)
- Use a tracker like a pen, index card, or your finger to help keep track of where you are and reduce re-reading.
- If you don't understand at first, don't re-read right away, continue and see if the meaning becomes clear; if you absolutely don't understand a part, go back and review it.
- Adjust your reading rate when needed – slow down when you need to comprehend; speed up if you already know or don't need to know the information. Use different rates for different purposes – read quickly for enjoyment and slower for learning.
- Talk about what you've read.
- Find the best time of day to read.
- Read in a place where you will not be distracted.
- Practice! Practice! Practice!

