

May 19th Choice Board Get Moving, Get Creative, Project

Wednesday, May 6, 2020

10:34 AM

This week's theme is HEALTHY SNACKING with a project about SEEDS AND PLANTS

Get Moving	Get Creative	Project
<p>Fitness Bingo – Students complete a few activities each day to try to get a Black Out!</p> <p>Seesaw Fitness Bingo</p>	<p>Grade 1 Music page: Part 3 Peter's Theme, Hunter's Theme, Hunter's Rifles</p> <p>Grade 2 Music page: Part 3 Peter's Theme, Hunter's Theme,</p> <p>Grade 3 Music Page: The Meaning of Spring</p> <p>See the attached documents for instructions.</p>	<p>What do plants need to grow?</p> <p>Things you need:</p> <ul style="list-style-type: none"> • 3 cups • Seeds (peas, beans, sunflower or any large seed) • Soil • Water <p>Instructions:</p> <ol style="list-style-type: none"> 1. Mark each of your cups with a 1, 2 or 3. 2. Fill your cups with soil. 3. In each cup make two holes in the soil with your finger. 4. Place one seed in each hole, cover gently with soil. 5. Cup 1 – water and place in a sunny location. Cup 2 - water and place in a dark location. Cup 3 – do not water, place in a sunny location. 6. Check each cup every day. Water cups 1 and 2 when needed to keep the soil moist. 7. Draw a picture of each cup on day 4, 7, and 10. <p>What was different about the plants in each cup?</p> <p>Which cup grew the best plant?</p> <p>What do you think the seeds needed to grow the best?</p>
<p>Get moving – watch the video and then video yourself trying some of the dance moves you have seen. Seesaw - Get Moving Dance Moves</p>	<p>Create a "Mile Long Sandwich" art piece, and discover how texture and depth, can enhance your artwork! Think of a healthy food item from each of the food groups, and add this to your sandwich. See the Seesaw Activity for more information!</p>	
<p>Move, sing, and rhyme to this Jack Hartman video. Have fun!</p>	<p>Create a fun picture using healthy food on your plate. Maybe make your fruit into an alien like they did in this video. Other ideas are flowers, monsters, or animals. Complete the Healthy Food Art Activity on Seesaw. Have fun!</p>	

