



Challenge Effective Participation

Name:

Challenge:

Check off ALL the statements that apply to your work today

Self-Management

- ☐ I was organized, took care of materials and cleaned up.
- ☐ I took good risks and tried new things.
- ☐ I stayed calm even when frustrated
- ☐ I finished the challenge even if it wasn't perfect.

Effective Participation

- ☐ I helped someone today.
- ☐ I didn't just sit there. I jumped in and did something.
- ☐ I worked well with everyone today.
- ☐ I found a problem today, and tried to solve it.

One thing I did really well today:

One thing I need to do better for the next challenge: