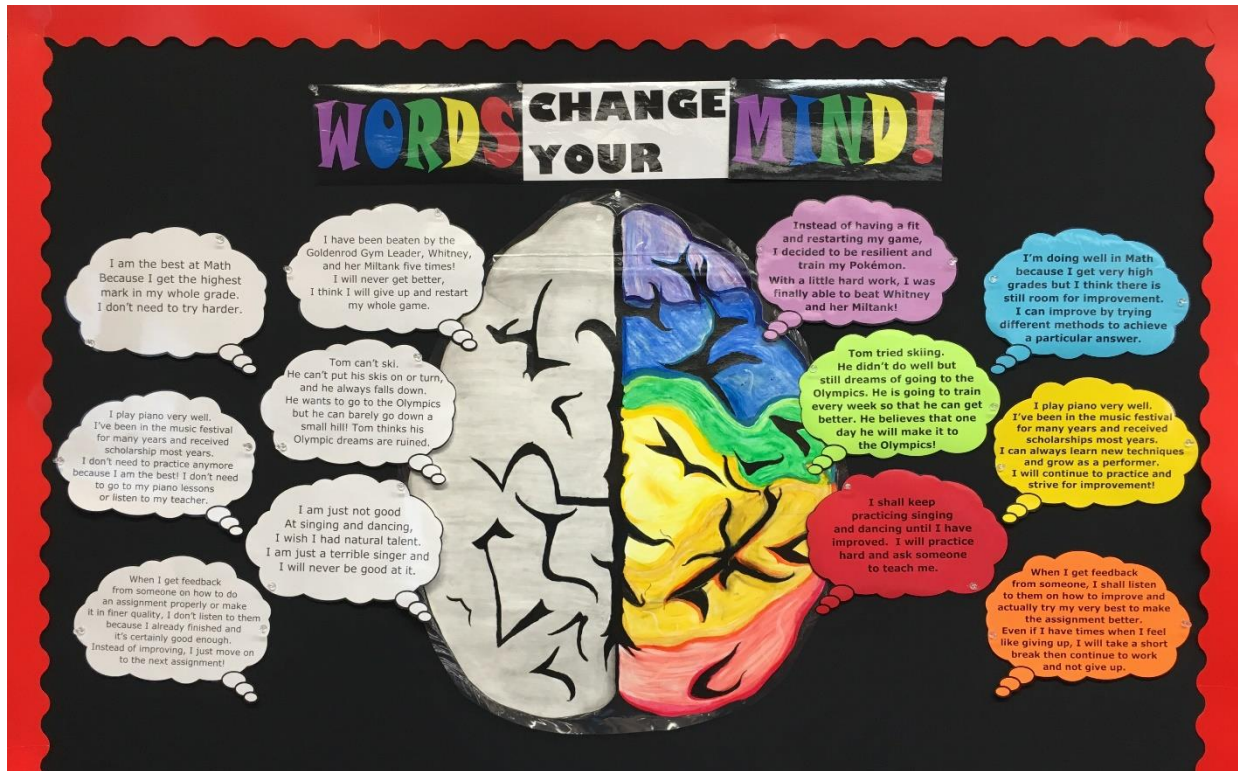


## Resiliency Thought Bubbles



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### Summary

The Resiliency Thought Bubbles project provides an opportunity for students to demonstrate their knowledge of Microsoft Word. The assignment requires students to use *critical thinking* and *creativity* in writing their own original idea that demonstrates both Fixed Mindset and Resiliency. Students were shown a series of videos that demonstrate the meaning of *Resiliency* then challenged to use critical thinking when they wrote their own examples. Finally, I selected one student example from each of my six PAA Multimedia classes and created a bulletin board display; the display includes a Brain illustration that was a *collaborative* and *creative* endeavor between a grade ten student and a grade twelve student.

This project was inspired by Pinterest finds, there are several versions of this idea made by different teachers. The similarity I noticed is that all the examples seemed to be made up by the teacher, I thought it would be more relatable to students if the examples were ones their class mates made up.

## Foundation Objectives

- To use computer hardware and software to produce simple personal use documents.
- To develop an understanding of complex functions of the word processing software.

## Learning Objectives

**8.1** Identify and demonstrate the use of a variety of word processing functions that may be used in word processing personal documents

**14.2** Master and apply formatting skills to enable efficient and effective production.




*The above are from Saskatchewan's Information Processing 10 20 30 curriculum.*

## Assignment

To begin, I showed students a series of videos that demonstrate *Resiliency* and after each video had three students share their thoughts on what that videos message was, this helps them use Media Studies skills learned in class.

<https://www.youtube.com/playlist?list=PLRDgSd27s9vAA4qljGczHYC-CDXvM2Wmm>

Students then followed the instructions below to complete their Thought Bubbles.

1. Open the *Microsoft Word*  application then **create** a NEW blank document.
2. **Save** the document as **Thought\_Bubble\_FixedMindset-Firstname\_Lastname** for the file name to your **Multimedia** folder.  
Set the **Orientation** of your document to **Landscape**.
3. Turn on the **ruler**.  
Tip: the **ruler** can be found in the **view** tap on the ribbon.
4. Save the [Thought Bubble](#)  image to your **Multimedia** folder.
5. **Open** your **Multimedia** folder and drag the **Thought Bubble** image into your **Word** document.
6. **Double click** on the **Thought Bubble** image in *Word*  to bring up the **Format Tab** for **Picture Tools**.
  - Set the **Thought Bubble** image **position** to **Position Top in Center with Square Text Wrapping**
  - Set the **Thought Bubble** image **text wrap** to **Behind Text**.
7. Set the font-face for text on the rest of the page to **Verdana** and font-size to **20**.
8. Set the **spacing after** to **0pt** and **line spacing** to **single**.

9. Write one sentence that describes a thought or idea that demonstrates a *Fixed Mindset*.
  - Examples:  
I am awesome at this!  
The feedback I got said I did bad but I think it's good enough already so I'm done.  
It's not possible to make this any better than I already have.  
I'll never be as smart as that other student.  
I give up, this is too confusing.  
Melanie's drawing of a duck looks more like a dog, she just can't draw.  
Ben shouldn't play basketball because he's so bad that all his free throws miss the net by five feet! #loser
10. Position your text so that it fits neatly inside the thought bubble, you may need to adjust the size to fill up the bubble.  
Write on the document as you normally would, do not use a text box.
11. Adjust the size of your text and use spaces so that the bubble is evenly filled.
12. Carefully **proofread** the document for spelling, grammar, and accuracy.
13. **Save** the document.
14. Click **File** in the top left of the page, this will bring up **Backstage View**, click **Save As** then click **Save As** then change the file name to: **Thought\_Bubble\_ResilientMind-Firstname\_Lastname**
15. **Change** the sentence you wrote so that it is now an example of *Resilience* or *Growth Mindset*.
  - Examples:  
I'm do well at this task and see ways to improve my ability.  
The feedback I got said I did bad and I will use it to improve my work.  
There is always room for me to improve.  
That other student inspires me, I will find out what they did differently than me and try it out.  
I know this task is difficult but I will put in as much time as I need to complete it.  
Melanie's drawings of ducks used to look like dogs but she put in a lot of work to notice details, now her drawings are beautiful and accurate.  
Ben's free throws miss the net by five feet, I will practice with him until he gets nothing but net! #swish
16. Adjust the size of your text and use spaces so that the bubble is evenly filled.
17. Carefully **proofread** the document for spelling, grammar, and accuracy.
18. **Click File** in the top left of the page, click **Save As** then set the **Save as type** to **PDF**.
19. Submit the Word and PDF files and in the comments write what you learned by completing this assignment.