

# random acts of KINDNESS

## 66 WAYS To Show You Care

1. Compliment someone.
2. Draw someone a picture.
3. Visit a nursing home.
4. Share toys with siblings.
5. Call your grandma to say hi.
6. Make a card for someone.
7. Bake cookies for your teacher.
8. Help clean up a mess.
9. Let someone go ahead of you in line.
10. Eat with someone new at lunch.
11. Hold the door for someone.
12. Tell your parents you love them.
13. Donate to the Food Bank.
14. Encourage someone.
15. Hug a friend.
16. Sponsor a child.
17. Rake leaves for your neighbour.
18. Say hello to 3 people you don't know.
19. Offer a friend a ride home.
20. Walk 5K for a good cause.
21. Respect someone else's opinion.
22. Donate your allowance to charity.
23. Make supper for your family.
24. Let someone else choose what show to watch tonight.
25. Have a complain-free day.
26. Stop and enjoy the sunset.
27. Say thank you to your teacher.
28. Wash your mom's car.
29. Help a younger sibling/friend with their homework.
30. Reconnect with a friend you haven't talked to in a while.
31. Donate toys to a children's hospital.
32. Paint rocks and hide them for someone to find.
33. Carry a stranger's grocery bags.
34. Pick up litter in the school ground.
35. Walk a dog.
36. Bring someone a coffee or hot chocolate.
37. Leave a letter in a library book.
38. Teach someone something new.
39. Show a new kid around the school.
40. Tape change to a parking meter.
41. Cheer up a friend.
42. Say I'm sorry.
43. Plant a tree.
44. Celebrate someone else's achievement.
45. Share your snacks.
46. Pick wildflowers for a friend.
47. Ask "why" before disagreeing.
48. Visit a sick friend.
49. Volunteer at the local animal shelter.
50. Read a story to a younger student.
51. Smile at a stranger.
52. Make a friendship bracelet.
53. Give your dad a foot rub.
54. Leave change in a vending machine.
55. Make chalk drawings on the sidewalk.
56. Post a positive comment on social media.
57. Donate blood.
58. Return the carts at the grocery store.
59. Set the table...without being asked.
60. Make sandwiches to give to the homeless.
61. Give books you've read to the library.
62. Shovel the snow.
63. Grow (then cut) your hair for children with cancer.
64. Share a good book or article with a friend.
65. Attend a local event.
66. Tell someone 3 things that makes them special.